

	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	
08:00							08:00
08:15							08:15
08:30							08:30
08:45	Rundum Fit Zirkel						08:45
09:00	Senioren Fit			Yoga		Betriebs-	09:00
09:15	08:45-09:30			09:00 -12:00		sport	09:15
09:30		Betriebs-				09:00-12:00	09:30
09:45		sport					09:45
10:00		09:30-11:00					10:00
10:15							10:15
10:30							10:30
10:45							10:45
11:00							11:00
11:15							11:15
11:30							11:30
11:45							11:45
12:00	Firmen		Firmen				12:00
12:15	Fitness		Fitness				12:15
12:30	12:00-12:45		12:00-12:45				12:30
12:45							12:45
15:45							15:45
16:00		Koordination	Koordination	Koordination			16:00
16:15		Seepferdchen	Tintenfische	Klasse 1/2			16:15
16:30	FitS	16:00-17:00	16:00-17:00	16:00-17:00			16:30
16:45	Swim Kids						16:45
17:00	16:30-17:30	Koordination	Rundum	Koordination			17:00
17:15		Krabben	Fit Zirkel	Klasse 3/4			17:15
17:30		17:00-18:00	17:00-17:45	17:00-18:00			17:30
17:45							17:45
18:00	Athletik L1	Koordination					18:00
18:15	17:30-19:00	Fische					18:15
18:30		18:00-19:00	Easy Sling	Athletik			18:30
18:45			Training	L1/W1			18:45
19:00			18:30-19:15	18:00-19:45			19:00
19:15			Rundum		Yoga		19:15
19:30	Yoga		Fit Zirkel		19:00-20:15		19:30
19:45	19:15-20:30		19:15-20:00				19:45
20:00							20:00
20:15							20:15
20:30							20:30